

## **Sunshine Coast Resources**

### **Thrift Stores**

1. Gibsons Thrift Shoppe  
731 North Road, Gibsons  
604-886-2811
2. St. Mary's Thrift Shop  
5693 Cowrie Street, Sechelt  
604-885-4686
3. Salvation Army Thrift Stores  
7 – 682 Highway 101, Gibsons  
604-886-3761  
  
5698 Cowrie Street, Sechelt  
604-885-7603

### **Food Banks**

1. Gibsons Food Bank  
682 Gibsons Way, Gibsons  
**Bread and Produce**  
Monday to Friday (except holidays) from 11am to 12:30pm.  
Free to residents in need on the Coast.  
**Lunch and Meals Program**  
Free Lunch to residents in need on the coast.  
Available Tuesdays and Fridays from 11:30am to 12:30pm  
**Harvest of Hope Food Bank**  
Available one Wednesday per month 9(schedule available at the Salvation Army Office, Gibsons 604-886-3665) from Flume Road in Roberts Creek to Port Mellon from 11am to 1pm.
2. Sunshine Coast Food Bank  
5657 Lamprey Lane, Sechelt  
604-885-5881 (Community Services)  
The Sunshine Coast Food Bank (SCFB) is open every Tuesday and Wednesday from 11:00 am to 1:00 pm alternating on a weekly basis between food bank groceries and bread and produce. Clients are eligible to pick up once each week.

### **Sunshine Coast Home Support Services Society (SCHSS) (604) 885-5144**

The SCHSS provides support services and programs that enhance the quality of life for those who are elderly or disabled. – Meals on Wheels